



BREAKFAST AND SNACKS

Vegan Pita Pocket (G, C, V, SH) - A chickpea and red kidney bean mix, pico de gallo, rucola, iceberg lettuce and sliced cucumber served in a guacamole spread wholemeal pita bread - **€6.25**

Wholemeal Vegetable & Quinoa Wrap (V, G) - A rainbow quinoa mix with chopped avocado, tomato, bell peppers, onions, red kidney beans and fresh coriander, flavoured with turmeric, star anise and bay leaves - **€8.25**

Chicken BLT Wrap (G, M, E) - Marinated chicken breast, crispy fried bacon, iceberg lettuce, sliced tomatoes and a mustard mayo dressing, served in a toasted tortilla wrap - **€7.50**

Salmon Baguette (G, F, L) - A wholemeal baguette with smoked salmon, cream cheese, sliced cucumber and a hint of dill and lime - **€5.65**

Ftira biž-Žejt (G, F) - Traditional Maltese ftira bread spread with tomato paste, and filled with tuna, capers, olives, finely chopped onions and fresh herbs - **€6.75**

El Classico (G, L, C) - Smoked ham and cheddar cheese toasted sandwich served with in-house made mango chutney - **€3.95**

Breakfast Bagel (G, E, C, S, L, SS) - With a fried egg, smoked ham, melted cheddar cheese, butter and served with a pico de gallo on the side - **€4.65**

Ham & Cheese Baguette (G, L, E) - Soft French baguette with smoked ham, cheddar cheese, mustard mayo, fresh iceberg lettuce leaves and sliced tomato - **€4.95**

Rustic Baguette (G, L) - Salami Napoli, Cacio Cavallo cheese and fresh rucola leaves - **€4.95**

‘Fuq Hassa’ (G, E) - **Breakfast in a Bun** - Grilled sausages, fried eggs, bacon, pan-fried onions, brown sauce and lettuce, in a toasted local ftira - **€6.75**

SAVOURY SNACKS

Salt & Pepper Coated Crisps (G) - Deep fried, thinly sliced potato chips, lightly seasoned with salt and pepper - **€3.25**

Tris of Dips (L, E, G, GC, V) - A trio of popular dips: Hummus / Aubergines & Chilli / Tuna, served with galletti or corn nachos (Gluten Free) - **€7.95**

Tacos di Carne (S) - Three corn tacos, with grilled beef flank strips, served with pickled red onions, fried kidney beans, lime and fresh coriander - **€7.95**

Tacos del Pastor (S, L, C, SH) - Three corn tacos, topped with slow-cooked shoulder of pork braised with onions, coloured bell peppers and celery, finished with smoky chipotle chillies and lime juice, served with grilled pineapple cubes and guacamole - **€7.50**

Tacos de Champinones (S, GC, V, SH) - Three corn tacos, with mushrooms sautéed in a garlic, chipotle and lemon juice mix, complimented with guacamole and roasted pumpkin seeds - **€6.75**

Ribs ‘n’ Wings (G, SH, GC, SS, S) - Three pork ribs glazed in a smoky BBQ and black bean sauce and three chicken wings cooked in a tangy and slightly spicy, tomato based sauce. Garnished with spring onion, coriander and sesame seeds - **€9.95**

Nachos Mejicano (V, G, GC, S, C, L, SH) - Warm tortilla chips topped with our own Mexican cheese-melt, refried beans, jalapeno peppers, pico de gallo and sour cream - **€11.65**

LA PASTA

Ravioli Porcini (G, N, L, E, V) - Porcini mushroom-filled ravioli, served in a truffle, pine nuts, grana padano, butter, basil and thyme sauce and a hint of chopped parsley - **€15.25**

Ravioli Aubergines (V, G, S, L) - Aubergine and sundried tomato stuffed pasta, tossed in a simple butter, grana and basil sauce and cherry tomatoes - **€12.35**

ENSALADAS

High Protein Vegan Bowl (V, GC, S, N) - Red kidney beans, chickpeas, garlic marinated mushrooms, garden peas, broad beans, cucumber and dill tops, served on a lightly seasoned rice-cake, with our own peanut butter and soy dressing - **€9.25**

Mexican Quinoa Salad (G, GC, S, V) - A rainbow quinoa based salad, mixed with diced green peppers, tomatoes, avocado, red kidney beans, fresh onions and coriander. Lightly spiced with turmeric, star anise and a hint of lime juice - **€10.25**

Salmon Salad (F, L, N) - Fresh salmon, crumbled feta cheese, red onion, crushed walnuts and cherry tomatoes, served on a bed of fresh local lettuce mix, tossed in a sweet and sour dressing - **€11.85** Upgrade to smoked salmon for an additional charge of **€1.50**

Peanut Chicken Salad (N, S) - Grilled chicken breast, sweet corn, cherry tomatoes and pickled onions, served on a bed of fresh crispy salad leaves and tossed in a peanut butter and soy dressing - **€11.65**

Havana Beef Salad (G, SS, GC, S, N) - Deep-fried strips of crispy prime beef, coated in our honey and black bean sticky sauce, served with mixed salad leaves, roasted red peppers, cherry tomatoes, spicy cashew nuts and sesame seeds - **€12.95**

HOUSE BURGERS

Cuba burgers are freshly made using 100% prime beef. Served with fries.

Add an extra beef patty to your burger for an additional charge of **€2.00**.

The Vegan Burger by Moving Mountain (V, M) - A grilled vegan patty with fresh rucola, sliced tomato, spicy mango chutney in a toasted Vienna bun - **€15.75**

Pollo del Pais (G, S, L, E, SH) - Country style deep-fried breaded chicken breast topped with a chipotle mayo dressing, coleslaw and pickled onions, served in a toasted brioche bun - **€13.45**

El Toro (G, L, S, M, E) - Two patties of succulent minced beef served in a toasted brioche burger bun with onion marmalade, gherkins, tomatoes, lettuce and mustard mayo - **€11.15**

El Gringo (G, L, GC, S, M, E) - Our classic burger garnished with a smoky BBQ and black bean sauce, sizzling bacon, sliced tomatoes, lettuce and melted mature cheddar cheese. Garnished with crisp-fried onion rings - **€13.95**

GRILLS AND MAINS

Our grills and mains are served with fries or salads.

Old Delhi-Style Curry (SH, GC, L, N) - An authentic Indian curry with green peppers, onions, tomatoes, ginger, garlic, fresh cream and mixed spices. Served with rice and a choice of Tofu (Vegan) or chicken breast - **€13.75 (Not served with fries or salad)**

Caper-Crusted Salmon (G, F, L) - Baked salmon fillet, topped with a caper and parsley crust - **€18.50**

BBQ Pork Ribs (M, S, GC, G, L) - A rack of slow-cooked pork ribs glazed in BBQ sauce - **€22.65** (full rack) / **€16.85** (half rack)

Beef Flap Tagliata 400g (GC, L, C, SH) - Flame-grilled beef flap served with refried beans, pico de gallo and fresh rocket leaves - **€28.00**

SIDE DISHES

French Fries (V, S) - **€2.85**

Sweet Potato Fries (V, S) - **€4.25**

Mixed Salad (V) - Mixed salad leaves, thinly sliced onions, cherry tomatoes and black olives, in our in-house dressing - **€2.65**

IL FAGOTTINO

Introducing the Fagottino, a thin and crispy pizza sandwich oozing with flavourful ingredients and melting mozzarella.

Fagottino la Campaniola (V, G, L) - Mozzarella di bufala, sliced tomato, rucola, oregano, olive oil and grana shavings - **€4.25**

Fagottino la Boscaiola (G, L, GC) - Prosciutto crudo, mushrooms, mozzarella di bufala, olive oil and oregano - **€4.25**

Fagottino alla Parmigiana (V, G, L, GC) - Grilled aubergines, mozzarella fior di latte, fresh tomato, basil and a drizzle of garlic infused olive oil - **€4.25**

Fagottino del Pastor (G, L, SH, C, E) - Slow-cooked shoulder of pork, red and green peppers, onions, celery, tomato paste and chipotle sauce, grilled pineapple and mozzarella fior di latte - **€4.25**

Fagottino la Fresca (G, L) - Fresh ricotta, sliced tomatoes, smoked ham, mozzarella fior di latte, basil, olive oil and a touch of oregano - **€4.25**

DESSERTS

Ice-Cream (2 scoops) (G, L) - Strawberry, vanilla, chocolate, salted caramel - **€3.15**

Blueberry Muffin (G, L) - **€3.65**

Chocolate Muffin (G, L) - **€3.65**

Milk Chocolate Jumbo Cookie (G, L) - **€3.65**

Double Chocolate Jumbo Cookie (G, L) - **€3.65**

Plain Butter Croissant (G) - **€2.35**

Chocolate Croissant (G, L) - **€2.85**

Apple Pie (G, L) - **€4.95**

Chocolate Brownie & Scoop Ice-Cream (G, L, N) - **€4.95**

Carrot & Walnut Cake (G, L, N, E) - **€4.95**

Dark Chocolate Fudge Cake (G, L, N, E) - **€4.95**

Banoffee Pie (G, L, N, E) - **€4.95**

Strawberry Meringue (L, E, N) - **€4.95**



Important - The following are indications of food allergens. Kindly inform a member of our staff when your order is being taken.

(SH) Spicy Hot (SS) Sesame Seeds (M) Mustard (S) Soya (V) Vegetarian (G) Gluten (C) Celery (GC) Garlic (L) Lactose (E) Eggs (F) Fish (N) Nuts