

BREAKFAST MENU

SERVED TILL 11:30 AM

CUBA

BISTRO · PIZZERIA · CAFÉ

vida

HEALTHY SPACE

SHAKSHUKA 🌶️ (CY, G, E, M, P) - Poached egg, in a spiced tomato and red pepper sauce, topped with crumbled feta cheese, and fresh coriander - €7.95

Kcal: 477 | Carbs 41.2 g | Protein 22.7 g | Fat 23 g

AVOCADO AND EGG TOAST (E, G, P) - Crushed avocado on multigrain wholemeal bread, with poached eggs and harissa - €8.75

Kcal 681 | Carbs 37.9 g | Protein 26 g | Fat 41.6 g

VEGETABLE OMELETTE (G, E, M, SE) - Whole egg omelette with slow-roasted peppers, spinach, zaatar, labneh, and Maltese sourdough bread - €7.75

Kcal 663 | Carbs 55.2 g | Protein 22 g | Fat 37.4 g

SMOOTHIE BOWLS

BANANA & BERRY 🌿 (P) - Banana, mixed berries, desiccated coconut, granola, and hemp seed - €6.90

Kcal 632 | Carbs 80.6 g | Protein 14.2 g | Fat 25 g

BANANA & PEANUT BUTTER (M, P) - Chocolate, granola, peanut butter with banana, and date - €6.90

Kcal 676 | Carbs 82.5 g | Protein 13.4 g | Fats 31 g

THE CLASSICS

SCRAMBLED EGGS ON TOAST (G, E, M) - €4.75

Extra ingredients €0.80 - Ham, cheese, onion, peppers

HAM & CHEESE TOAST (G, M) - Smoked ham and cheddar cheese toasted sandwich - €4.95

BREAKFAST BAGEL (G, S, E, M, SE) - Toasted bagel with a fried egg, smoked ham, melted cheddar cheese - €5.65

BREAKFAST BUN (G, M, E) - Toasted brioche bun with a fried egg, pork sausage and melted cheddar cheese - €6.25

BACON & EGG QUESADILLA (G, S, E, M) - Fried egg, melted cheddar cheese and bacon in a toasted tortilla wrap - €5.15

EGGS GUEVARA (G, M, E) - Poached egg served on a toasted brioche loaf slice with sautéed garlic mushrooms, crispy bacon, white truffle cream and Parmesan shavings - €8.95

SEÑOR INGLES - Full English Breakfast (G, S, E, M) - Two fried eggs, two sausages, baked beans, sautéed garlic mushrooms, bacon, grilled tomato, hash browns, toast and butter - €12.75

Allergy Note - The following are indications of food allergens that some dishes may contain. Should you have any dietary requirements or suffer from any allergies, kindly inform a member of our staff when your order is being taken.

(G) - Gluten, (CS) - Crustaceans, (E) - Eggs, (F) - Fish, (P) - Peanuts, (S) - Soya, (M) - Milk, (N) - Nuts,
(CY) - Celery, (MD) - Mustard, (SE) - Sesame, (MS) - Molluscs

🌶️ Moderate Spicy

🌶️🌶️ Spicy Hot

🌿 Vegan